

# Trepuree® Ham



CASE CODE  
**27188**

PACK & SIZE  
**24 x 250 g**



A honey ham pureed entrée, served with yellow beans and homestyle potatoes.

- Trepuree's attractive presentation, delicious aroma and wide selection of pureed entrees will provide a nutritious, safe, pleasurable mealtime experience for those with swallowing difficulties

## NUTRITION FACTS

Per 100 g

### Calories 123.07

Total Fat 7 g	0%
Saturated Fat 176 g	0%
+ Trans Fat 0.03 g	
Cholesterol 12.07 mg	0%
Sodium 236.44 mg	0%
Total Carbohydrate 9.4 g	0%
Sugars 3.51 g	0%
Dietary Fibre 1.59 g	0%
Protein 5.95 g	0%
Potassium 189.95 mg	0%
Calcium 42.29 mg	0%
Iron 1.01 mg	0%
Phosphorus 65 mg	0%

\*5% or less is a little. 15% or more is a lot.

Nutrition Facts are based on our current data. However, because the data may change from time to time, this information may not always be identical to the Nutrition Facts table found on the labels of products.

## SPECIFICATIONS

Case Code	27188
Pack & Size	24 x 250 g
Case Weight	6.30 kg
Case Size	34.80 cm x 31.50 cm x 17.00 cm
Cube	0.0200 m

## Ingredients

Rehydrated potatoes (contains mono- and diglycerides, sodium phosphate, citric acid), Carrots, Turnips, Water, Ham (pork, water, salt, sugar, sodium phosphate, sodium ascorbate, sodium nitrite), Pork, Chickpeas, Canola and/or soybean oil, Skim milk powder, Soy protein isolate, Butter, Brown sugar, Xanthan and locust bean gum, Salt, Soy lecithin, Carrot juice concentrate, Whey protein concentrate, Dried garlic, Onion powder, Flavour, Spice, Annatto, Turmeric, Caramel.

## Preparation

1. Temper sealed Trepuree® entree at 4°C (40°F) or below for 24-48 hours. **DO NOT REMOVE CLEAR FILM SEAL BEFORE COOKING.**
2. Choose a recommended cooking method below. **In all methods, ensure that a minimum internal temperature of 74°C (165°F) is reached in all strips.** Handle with care after cooking as dishes are hot.
  - **Conventional or Convection oven:** Preheat oven to 150°C (300°F). Place sealed dishes on baking tray. Heat for 45-50 minutes in conventional oven or 35-45 minutes in convection oven until a minimum internal temperature noted above is reached.
  - **Rethermalization carts:** Retherm instructions vary by equipment manufacturer. Please contact your equipment manufacturer for specific heating instructions to achieve desired internal temperature noted above.

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## Serving Ideas

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Simply transfer to a serving dish, temper, heat and serve. Each 250 g serving is portion controlled for meat, vegetable and starch.

## Storage & Handling

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**Shelf Life :** 15 months

Do not re-freeze. Do not use if film is torn or missing. Do not hold refrigerated product longer than 2 days.